
BFSC works to
co-create and
support food
systems change
in Black,
Indigenous, and
other POC
communities.



Healing spaces
are natural
environments
where people
can connect
with the land
and with each
other.



Recovery and
rejuvenation
happens when
people
connect with
nature and
engage with
green spaces.

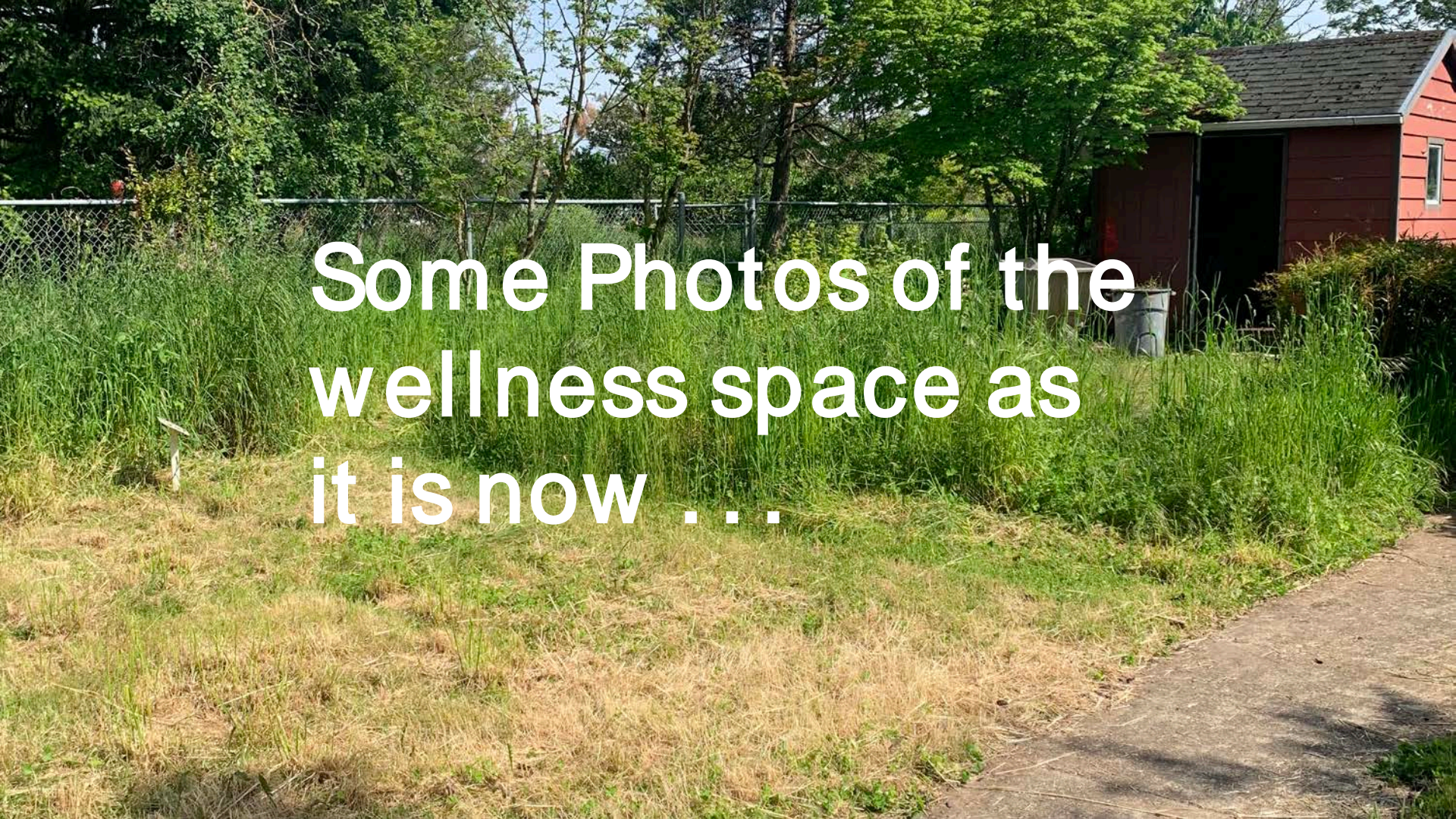


Reduces
mental
fatigue,
aggression,
and social
breakdown.
Results in
better health
outcomes.



CAM

Common Area Maintenance (CAM)

A photograph of a wellness space. In the foreground, there is a mix of green and dry, yellowish grass. A chain-link fence runs across the middle ground. Behind the fence, there are several tall, leafy green trees. To the right, a red building with a dark roof and an open doorway is visible. A concrete path curves along the right side of the frame. The text "Some Photos of the wellness space as it is now ..." is overlaid in white, bold, sans-serif font in the center of the image.

**Some Photos of the
wellness space as
it is now ...**















UNITED STATES KOO HANG DO AND SHIN KIM FEDERATION
10TH NATIONAL FESTIVAL